

## Research and Narrative of Local Gastronomic Knowledge

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Until recently, a narrative has been perceived as storytelling that, before the development of writing, was the only way of communicating events from one generation to the next. Although mainly regarded as an exclusive research subject of cultural studies, it is now entering other spheres of research and education. Inspired by the idea of narrative economics proposed by Nobel Laureate Robert J. Shiller in 2017, and relying on the first research results of our ethnobotanical project funded by the European Research Council (ERC grant agreement No 714874), I discuss the various types of narrative currently influencing research on Local Gastronomic Knowledge (LGK). In the light of the success of the Slow Food movement and the enthusiasm of young environmental activists inspired by Greta Thunberg, there is a hope that academia as a research institution has the power to create and "implant" the "great narrative" that supports the importance of LGK as a means of sustainability. If properly harmonized with the personal narratives of individuals, it has the potential to eventually change the ways people think and act, which may give us, as well as many other species, a greater chance of survival.